

Subud Pacific Northwest Presents:

THE 21ST YEAR OF

Menucha

Thursday through Sunday

November 12th – 15th, 2009

We hope you will join us for our twenty-first Regional Kejiwaan weekend at the Beautiful Menucha Retreat Center where we will be choosing our new regional helpers!

Please join us for this special warm and wonderful gathering. This is our region's primary Kejiwaan gathering and we encourage everyone to come, especially the regional members. As a group, we all need the larger latihans, and the support of our larger Subud community to grow and develop. Everyone is welcome to participate in both the larger community of gathering and the smaller groups that develop for testing or for sharing common interest via workshops and discussions.

The Menucha Retreat Center is located just a half-hour east of Portland Oregon. The beautiful facility is a 100 acre wooded estate overlooking the Columbia River Gorge. It offers wonderful family style meals and a variety of housing options. The main lodge has a large hall overlooked by a second floor balcony. It features a magnificent wood burning fireplace and lustrous wood floors.

Subud members from the northwest and around the world will be gathering here for latihans in the main room, renewal of old acquaintances, fostering of new relationships, sharing of ideas, and rolling up the carpet to dance. Additionally, our very talented brothers and sisters will provide music, poetry readings, and other forms of entertainment on Saturday Night. Also the balcony area hosts a boutique where Subud artist can display their wares.

The Menucha site also offers plenty of space to hold workshops, large or small latihans and testing groups, along with special areas to sit or visit and the ability to take a stroll in the woods.

REGISTRATION INFORMATION

What a gift it is to come together in such a wonderful place! People report that they leave Menucha with renewed energy, a brighter outlook on life, and stronger relationships. The SUBUD PNW Regional Committee and Helpers join us in extending our warmest wishes to you with a sincere hope that despite the economical hardships you will be able to join us.

October 25th is the deadline this year for Menucha reservations to be received. However, we encourage you to help by registering by the early registration deadline of **September 27th**, which is the last day to obtain the **early registration discounts**. Early registration helps us keep our costs down by better meal planning and allows us to know how much assistance money will be available for those needing it. There is now a new policy requiring that **50% of your registration fee is due at time of registration and the other 50% is to be paid in full by arrival on site**. Also please be aware there will be **no refunds after October 24th**.

This year's event coordinator & Pre-Event Registrar is Raphael Tedrow who can be reached by either e-mail or phone at: raphael.tedrow@gmail.com or (425) 483-8144

This year's On-site Registration will be handled by a team of volunteers:

Kate Berube and Serena & Michael DuBois

Day Attendance: Members who register for day attendance, and want to order meals, will need to order meal tickets in advance by filling out the day pass meal form on the registration page. Menucha request two weeks advance notice on meal counts. We have very little flexibility with last minute meal requests. We will make every attempt to ensure that all timely requests are honored. Additionally, and unfortunately, individuals cannot visit with friends during the meals in the main Menucha dining area without a meal ticket.

Arrival and Departure: You may arrive at Menucha after 4:30 PM on Thursday, November 12th.
We need to be off Menucha grounds by 2:00 PM on Sunday, November 15th.

Menucha driving instructions, registration information and forms, as well as a link to the Menucha Conference Center are available on our website: <http://www.subudpnw.org>

Pick-up Coordinator: In awareness that our fellow brothers and sisters have been arriving to Menucha by bus, train, or plane – we now have a pick-up coordinator to help get you on site from your arrival in order to help make things as easy as possible.

Please contact Raphael Baker as soon as you know when and how you will be arriving.

E-mail: baker.raphael@gmail.com

Gift Shop:

Darlene Olds will be running the boutique this year. If you want to sell items please contact Darlene at (425) 898-9839 or by email at darleneolds@comcast.net. The Menucha gift shop will be on the balcony of the main hall where your items can be offered for sale. Here's how it works: you bring your wares already priced and our shop Stewards will display it and be responsible for sales. In return, the shop takes a 20% donation for Subud PNW.

Lodging Options:

* **Dorms** have bunk beds with the option of bringing bedding and towels or renting them from Menucha for \$10. Dorm rooms generally sleep 8-10 people and have shared bathrooms.

***Semi-Private** rooms are mostly in charming bungalows containing four to five bedrooms, which sleep 2-3 people each. Bathrooms are shared between more than one room.

***The Menucha barn** will be the only area where food preparation is allowed. The Barn has 32 dormitory beds, so people will want to register early before they fill up. This option is much less expensive than the regular dorm rooms *primarily because it does not include meals*. The barn has dorm bunk beds and the option of bringing bedding and towels or renting them from Menucha for \$10. Beds are somewhat closer together than the regular dorms, but still large enough for adults. Individuals staying here will be responsible for cooking and cleaning up the kitchen area.

Please note there is no alcohol or drugs permitted in the Barn or anywhere else on the Menucha Site.

Meals: (not included with the Barn registration.)

Seating is 12 to a large table and the food is served family-style by volunteer servers. We do ask those that are able to volunteer to serve one or two meals. This will greatly help meals begin on time, and is a wonderful way to meet all of our Subud brothers and sisters.

Menucha requests that everyone be seated on time at lunch and dinner times.

Breakfast: 8:00 AM, Lunch: 12:30 PM, Dinner: 7:00 PM (Thurs. & Fri.), 6:00 PM (Sat.)

Discounts:

The early bird discount may be obtained if registration is in by the early bird deadline of September 27th. There are also a larger than normal amount of work grants (\$75) and assistance available by need and first come first serve basis because the region understands that these are difficult times for us all and would like to see that as many of our Subud brothers and sisters are able to make this Kejiwaan event as possible.

Package prices are determined by:

- # Of days attending (two or three)
- Type of housing (dorm, semi-private, barn)
- Date and amount of registration
- Discounts & Grants (if any)
- We regret to inform you there will now be a **\$5 fee for Credit or Debit cards**
- **New to this year one form per person & only the bottom half will be sent to Menucha**

Please register and pay by September 27th to get the best price!

<u>Packages</u>	<u>Full Price</u>	<u>With Discounts</u>
Three Day Packages-		
Dorm	\$275 includes *9 meals	\$230
Semi-Private	\$330 includes *9 meals	\$305
Barn	\$155 & self prepares meals	\$125
Two Day Packages-		
Dorm	\$245 includes *6 meals	\$205
Semi-Private	\$305 includes *6 meals	\$280
Day Passes-		
Day Pass with Lunch	\$35.00 (per day)	-----
Day Pass with Dinner	\$40.00 (per day)	-----
Day Pass with Lunch & Dinner	\$50.00 (per day)	-----
Sorry there are no Day Pass Packages due to the Menucha Contract		
Day Package Deadline is the same as the Registration Deadline		