

# **SUBUD Pacific Northwest Presents:**

## The 23<sup>rd</sup> Year of **Menucha**

*Thursday through Sunday November 10<sup>th</sup> – 13<sup>th</sup>, 2011*

**To: well, Everyone!**

**From: Your Regional Helpers: Marius Harold, Benjamin Boyce, Raphael Tedrow, Akhri Cutler, Halimah Bellows & Renata Robb.**

Nestled along the Washington-Oregon state line, in the wind-swept and river-carved Columbia Gorge, there is a beautiful place called 'Menucha'. For over twenty years, SUBUD Pacific Northwest has held its regional kedjiwaan gathering here. However, without you, SUBUD members near and far, it's only a place, a dot on the map, an intersection of grid lines, a vacant, if cozy, chateau.

The Regional Helpers and Committee are now gearing up to meet you with open arms and hearts. To rediscover the still and open space that can truly speak to the needs of the members of our region and any visitors from the greater Subud sphere.

This is your open invitation to become part of the 23<sup>rd</sup> year of the Menucha experience— join us to listen and be listened to, sing, dance, write, sit, sleep, eat, think, us-think, lose yourself, find yourself, all of the above, none of the above, any combination listed— or not. It is all open, it's all about YOU.

The general registration information follows – to best enhance your Menucha experience please review the registration information carefully. – Thank YOU!

Please Register Early and Earn a Significant Price Break

It's an honor to be your host this 23<sup>rd</sup> year together.

Please contact Ramon Hildreth with any questions

[subudpnw@gmail.com](mailto:subudpnw@gmail.com)

206.331.5960

# REGISTRATION: GENERAL INFORMATION

**October 21st** is the deadline this year for Menucha reservations to be received. However, we encourage you to help by registering by the early registration deadline of **September 23rd**, which is the last day to obtain the **early registration discounts**. Early registration helps us keep our costs down by better meal planning and allows us to know how much assistance money will be available for those needing it. There is now a new policy requiring that **50% of your registration fee is due at time of registration and the other 50% is to be paid in full by arrival on site**. Also please be aware there will be *no refunds after October 21st*.

**This year's event coordinator is Ramon Hildreth** who can be reached by either e-mail or phone at: subudpnw@gmail.com or 206-331-5960. The Registrar is Maryka Lynch: [maryka@gmail.com](mailto:maryka@gmail.com) or 206-909-0351. Transportation Coordinator is Emile Ward: 971-227-8179.

**Day Attendance:** Members who register for day attendance, and want to order meals, will need to order meal tickets in advance by filling out the day pass meal form on the registration page. Menucha requests two weeks advance notice on meal counts. We have very little flexibility with last minute meal requests. We will make every attempt to ensure that all timely requests are honored. Additionally, and unfortunately, individuals cannot visit with friends during the meals in the main Menucha dining area without a meal ticket.

### Arrival and Departure:

<b>Arrival</b>	<b>After 4:30 PM, Thursday November 10th</b>
<b>Departure</b>	<b>We need to be off Menucha grounds by 2pm Sunday November 13<sup>th</sup></b>
<b>Note: All Crevey occupants must remove their belongings by 10 am Sunday</b>	

### Schedule:

Thursday		Friday		Saturday		Sunday	
		breakfast	8:00 AM	breakfast	8:00 AM	breakfast	8:00 AM
		latihan	9:00 AM	latihan	9:00 AM	latihan	9:00 AM
		circle	10:15 AM	workshops	> latihan	circle	10:15 AM
		lunch	12:00 PM	lunch	12:00 PM	lunch	12:30 PM
		workshops	> lunch	workshops	> lunch		
dinner	7:00 PM	dinner	7:00 PM	dinner	6:00 PM		
latihan	9:00 PM	latihan	9:00 PM	latihan	7:30 PM		
				entertainment	9:30 PM		

Menucha driving instructions, registration information and forms, as well as a link to the Menucha Conference Center are available on our website: <http://www.subudpnw.org>

**Pick-up Coordinator:** In awareness that our fellow brothers and sisters have been arriving to Menucha by bus, train, or plane – we now have a pick-up coordinator to help get you on site from your arrival in order to help make things as easy as possible. Please fill out your arrival and departure information on the registration form. If you have any questions in regards to transportation **please contact** Emile **971-227-8179**

**Gift & Book Shop:**

**Halima Wolfgang** will be running the boutique this year. If you want to sell items please contact Halima at 503-635-9596 or by email: [halimawolfgang@comcast.net](mailto:halimawolfgang@comcast.net). The Menucha gift shop will be on the balcony of the main hall where your items can be offered for sale. Here's how it works: you bring your wares already priced and our shop Stewards will display it and be responsible for sales. In return, the shop takes a 20% donation for Subud PNW.

**Lodging Options:**

- **Dorms** have bunk beds with the option of bringing bedding and towels or renting them from Menucha for \$10. Dorm rooms generally sleep 8-10 people and have shared bathrooms.

- **Semi-Private** rooms are mostly in charming bungalows containing four to five bedrooms, which sleep 2-3 people each. Bathrooms are shared between more than one room.

- **The Menucha barn** will be the only area where food preparation is allowed. The Barn has 32 dormitory beds, so people will want to register early before they fill up. This option is much less expensive than the regular dorm rooms ***primarily because it does not include meals***. The barn has dorm bunk beds and the option of bringing bedding and towels or renting them from Menucha for \$10. Beds are somewhat closer together than the regular dorms, but still large enough for adults. Individuals staying here will be responsible for cooking and cleaning up the kitchen area.

***Please note alcohol and drugs are not permitted anywhere on the Menucha site.***

**Meals:** (not included with the Barn registration.)

Seating is 12 to a large table and the food is served family-style by volunteer servers. We do ask those that are able to volunteer to serve one or two meals. This will greatly help meals begin on time, and is a wonderful way to meet all of our SUBUD brothers and sisters. Menucha requests that everyone be seated on time at lunch and dinner times.

**Breakfast: 8:00 AM, Lunch: 12:30 PM, Dinner: 7:00 PM (Thurs. & Fri.), 6:00 PM (Sat.)**

### Special Diet Requests:

Menucha has always done an excellent job of providing for special diet needs. In their efforts to continue this great service they have updated how they collect special diet requests. You must submit your request online, using their form, or call them directly. In order for them to accommodate your requests you must have this done by Oct 19<sup>th</sup>.

From Menucha:

Menucha strives to nurture our guests by providing delicious food, and to encourage community by serving your group a single entrée to be shared family style at each meal. If you will need a different option for health (medical) or personal reasons (such as vegetarian) we will be glad to accommodate you at a fee of \$5 per day. Your food will be ready when your group shares meals, so you can relax and enjoy the camaraderie and blessing of sharing meals together.

*In order to best accommodate your needs, we must have the request submitted **three weeks** prior to your arrival. Guests should assume personal responsibility for their dietary needs and in some cases may be asked to provide their own food.*

**Alternate Dietary Requests may be made to Menucha by:**

Completing the on-line form at [www.menucha.org/alternatediet](http://www.menucha.org/alternatediet)  
OR  
Calling 503-695-2243 ext. 206 – Becky Lindsay, Food Service Manager

**“Again – This *must* be done by Oct 19<sup>th</sup>”**

***Please register and pay by September 23rd to get the discount pricing!***

Package prices are determined by:

- Number of days attending (2 or 3)
- Type of housing (Dorm, Semi-Private or Barn)
- Date of registration (early bird or normal)
- Special Diet Requests (5\$ per day)
- Payment Type (credit cards will be charged a \$5.00 processing fee)

<u>Package</u>	<u>Full Price</u>	<u>Early Bird Discount (Reg by 9/23)</u>
<u>Three Day Packages</u>		
Dorm (*9 meals)	\$299	\$245
Semi-Private (*9 meals)	\$355	\$289
Barn (self prepared meals)	\$160	\$125
<u>Two Day Packages</u>		
Dorm (*7 meals)	\$260	\$207
Semi-Private (*7 meals)	\$308	\$270
<u>Day Pass</u> Day pass with lunch \$40.00 per day Day pass with dinner \$40.00 per day Day pass with lunch and dinner \$50.00 per day		Day pass package with meals has the same October 23rd deadline as 3 or 2 day Registration